



Suicide BEREAVEMENT Support Group

A support group for people who have lost friends and relatives to suicide has formed in Haldimand - Norfolk.

If you are interested in attending contact Marilyn Antkiw, PHN at 519 426-6170 ext. 3252 or 905 318-6623 ext. 3252 to find out when the next meetings is scheduled.



This is an opportunity for survivors (people who have lost a loved one to suicide) to connect with other survivors and to talk openly about suicide with people who really understand.

An important part of the healing process is the support and sense of connection a survivor feels by sharing his/her grief with other survivors.

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Supported by Suicide Prevention Network of Haldimand-Norfolk